

AUTISM SOCIETY

Improving the Lives of All Affected by Autism

Nebraska

DECEMBER 22, 2011



NEWSGRAM



**HAPPY
HOLIDAYS**
From
The Autism Society
of Nebraska



OMAHA: Breakfast Club for adults with ASD

For adults 18 and older diagnosed with an Autism Spectrum Disorder or Asperger's Syndrome. Members come together to connect around common issues and interests in a relaxed, supportive environment. Each meeting includes a light breakfast and relevant discussions.

When: 1st Saturday of the Month
Time: 9:00 am - 10:30 am
Where; Autism Center of Nebraska
Cost: \$5

Registration: requested by the Thursday before the meeting to 402-658-9962 or csalber30@gmail.com For more information contact Carol Salber, MS, LMHP, Group facilitator at 402-658-9962.

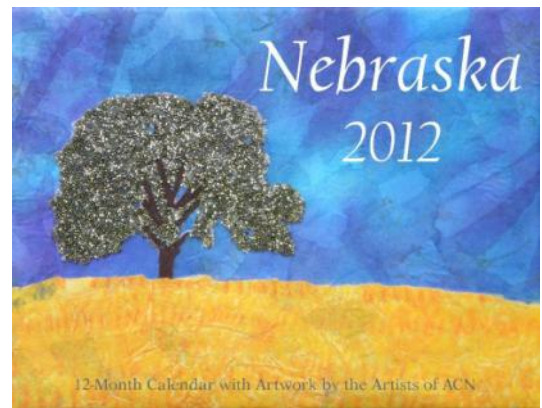
Download a flyer [HERE](#).

Sponsored by the Autism Society of Nebraska - Omaha Support Group and the Autism Center of Nebraska

AUTISM CENTER OF NEBRASKA 2012 Calendars and cards for sale

ACN will be hosting an Art and Gift Boutique featuring art and gifts created by ACN artisans on Thursday, December 1st from 5—7pm at the Autism Center of Nebraska located at 9012 Q Street.

Professional prints of various pieces of artwork in varying sizes will be available for purchase as well as all of hand crafted gifts including necklaces , earrings, bracelets, cheese trays, handbags, and their 2012 calendars and Christmas card sets. Download a flyer [HERE](#).



HETRA presents a double feature...

Friday, December 30

6:00 pm Spirit

8:00 pm Buck

Valley Veterans Club
111 E Front St,
Valley, NE 68064

All proceeds go to support HETRA's Drive to Ride Campaign. Download a flyer [HERE](#) for more information.

Creighton Research Study: Parent Participants Needed

Participants needed for a Research Study - An examination of the Relationship between Sensory Processing and Emotional Regulation in Children with Autism

Seeking: Parents with a child between ages 5 - 10

- a. Either typically developing (no disabilities)
- b. with Autism / Autism Spectrum Disorder
- c. be able to complete one time surveys regarding child's behavior

Lincoln: Special Needs Planning workshop

While most family members of children with a disability are most concerned about their immediate needs, parents and others regularly ask the question: "How will my loved one be cared for when I am no longer able?" Dan Kline and Marvin Brinkman of The Andrew-Benjamin Group will lead a discussion on topics such as Social Security, Guardianship, Special Needs Trusts, Medicaid and the importance of making these plans on a timely basis to provide the best quality of life. Dan has an adult son with Down Syndrome, while Marvin has a son with Asperger Syndrome and have lived through most of these issues themselves. As founding partners of The Andrew-Benjamin Group, they help families through this process on a daily basis.

Saturday, January 14
Noon - 1:30 pm

Williamsburg Behavioral Psychology
3801 Union Drive, Suite 206
Lincoln, NE 68516

Download a flyer [HERE](#).

RSVP is appreciate as space is limited. 402-343-8376 Refreshments will be served.

OMAHA: AEP Connections hosts two day Autism Conference

January 26-27, AEP Connections is hosting a two day autism conference at the Embassy Suites in La Vista, NE. Speakers are Brenda Smith Myles, Ph.D (author of "The Hidden Curriculum" and "Simple Strategies that Work" and more!) and Susan Stokes, CCC-SLP, Educational Autism Consultant. Topics are visual supports to increase independent functioning, social skills, communication, behavior and academic strategies.

Visit www.aepconnections.com for detailed information.

OMAHA: PTC registration for Winter Friendship Club

Ages 6 - 8 January 24 - March 1
Ages 9 - 12 January 23 - February 29

The groups will meet twice a week for 50 minutes per session for a series of 6 weeks. Please visit their web site at www.ptcne.org for more information.

OMAHA: Friendship Club for children with ASD

Family Strategies is offering Friendship Club this fall for those needing assistance in holding conversations with others, appropriate discussion topics to encourage relationships with others and ultimately interacting with others both now and in the future. Children will learn skills and techniques proven for helping them communicate effectively. This play-based approach not only helps children learn to manage their behavior with others successfully, it also provides parents with the keys to enhancing and strengthening the skills learned.

Download a flyer [HERE](#).

OMAHA: Acting classes at The Rose

The Rose Theater, located at 2001 Farnam Street, is happy to present TWO Saturday morning drama classes this Winter for high-functioning students on the Autism Spectrum. Winter drama classes will take place every Saturday morning beginning Saturday, January 7th and lasting until Saturday, February 25th. Both classes will take place at The Rose Theater.

The first class topic offered is "Video Games and Movie Characters." It will take place from 9-10 am and is for students grades 3-6. The second class topic offered is "Thomas the Tank Engine." It will take place from 10:30-11:30 am and is for students grades K-2.

To register for these classes, please call (402) 502-4617, e-mail info@rosetheater.org, or visit

OMAHA: Theraplayce Winter Activities

Social Skating for Special Needs for preschoolers every Wednesday from 11:45am—1:15pm
Click [HERE](#) for more information.

Movin' and Groovin is an exercise and fitness program for children with special needs. Click [HERE](#) for more information.

OMAHA: Support Group / Pump It Up

Join us at Pump It Up - The Original Inflatable Party Zone - for a night of bouncing, jumping and climbing! This will be a private event for families with children on the autism spectrum.

WHO: All Autism Families

WHEN: **Monday, January 2, 2012**
6:00pm - 8:00 pm

WHERE: Pump It Up 960 S 72nd (72nd and Pacific)

COST: \$5 per bouncer (\$10 maximum charge per family)

Due to the school break we will not have as many of our UNO helpers. Come join us for a Family Bounce Night and bounce off some of the excess energy you will have gained from 2 weeks of no school! No official support group room will occur...but support will still happen!

THIS EVENING CAN BE WHATEVER YOU WANT IT TO BE!

There are a variety of ways this evening can serve your family:

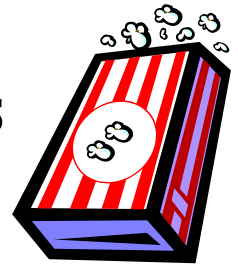
1. Come to Pump It Up and climb, bounce and have a blast with your family. Consider it a family night out. You don't have to participate in the support group meeting. You can also look at this as a night to get the kids out and burn off some energy in a reduced cost / autism friendly environment!
2. Leave the kids home (with Dad or Mom or Grandma or a babysitter) and join the support group for a chance to talk and meet other parents. The support group meets in a separate room away from the excited chaos.
3. Bring a helper to supervise/play with your kids and then the adults can come join the support group discussion. Then if you are needed you are only a few steps away.
4. One parent can play/supervise the kids and the other parent can attend the support group.

All autism families are welcome. All ages are welcome. We have two bounce rooms in use and the equipment is even fun for the adults!

You do not have to be a current member of ASN or the Omaha Support Group to attend!

SENSORY FRIENDLY FILMS

in Omaha and Council Bluffs



A movie is something that so many in society take for granted but for those with sensory issues it can be very difficult. For some, walking into a dark theater is terrifying. For others the heart pounding sound system is too much to handle. Two hours is an awful long time to sit still and for many of our community it is just not possible for them to be totally silent for the entire showing.

So what is a *sensory friendly* movie? This is a movie venue that is accommodating to YOUR needs! The auditorium will have their lights brought up, the sound turned down, and a silence policy will not be enforced. AMC showings do not have previews so plan to arrive on time!

The Adventures of TinTin

Saturday, January 7

OMAHA: 10:00 am
Oakview 24 Theater (AMC Theater)
 3555 S 140th Plaza

COUNCIL BLUFFS: 10:00 am
Council Bluffs Star 17 Cinema (AMC Theater)
 3220 23rd Avenue

UPCOMING AMC SHOWINGS

2/25 The Secret World of Arrietty

3/10 Dr. Seuss' The Lorax

4/7 Pirates! Band of Misfits

The Autism Society of Nebraska has developed a toolkit to help you approach your local theater about creating sensory friendly showings in your community! Contact us at autismsociety@autismnebraska.org to find out more information about how to create sensory friendly showings in your community!

Join the Autism Society of Nebraska on Facebook!
Become a Fan...click [HERE!](#)



Help us make this Newsgram relevant to you!

We rely on our community to help us find useful information to share with you through this Newsgram. If you have an event that you would like added to the Autism Society of Nebraska Newsgram please email us at autismsocietynewsgram@autismnebraska.org.

You are our eyes and ears across the state. Please help us help you AND your neighbors by sharing your resources and contacts with us!



To have your event added to the Autism Society Newsgram and calendar please email autismsociety@autismnebraska.org or you can post it directly to our calendar at www.autismnebraska.org. Please be aware that it may take 24 hours for your event to appear on the site.

Autism Society of Nebraska

PO Box 83559
Lincoln, NE 68501-3559

Phone: 1-800-580-9279

E-mail: autismsociety@autismnebraska.org

We appreciate your help including our statewide community events! Please help us help you AND your neighbors!



All information on this Newsgram is also available by visiting our web site at www.autismnebraska.org