



# Journey to Adulthood: What Parents Need to Know

## Purpose and Goal of Training

The goal of this presentation is to provide parents with basic information about the changes that puberty and adolescence bring to every child - including their son or daughter. The information is intended to help participants feel more comfortable and confident as they help their youth safely navigate this important transition from childhood to adulthood. The ultimate aim is to promote the independence, personal safety, healthy lifestyles, healthy relationships, and social inclusion of their youth with disabilities. While other people may help, parents and families have the primary responsibility for conveying this information.

### **\*\*MANDATORY\*\***

**YOU MUST MAKE A RESERVATION FOR ON-SITE CHILDCARE, TRANSPORTATION, OR INTERPRETATION SERVICES ONE WEEK BEFORE EACH PRISM MEETING** by calling Cleo at 346-5220, ext. 10. **Spanish-speakers** call Julieta, 402-707-0046 for reservations.

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*The PRISM Project is sponsored by the Arc of Omaha at Ollie Webb Center, Inc., with assistance from the United Way of the Midlands and the Nebraska Department of Education.*

*In case of inclement weather on a scheduled PRISM night, PRISM will be cancelled if the Omaha Public Schools Cancels their day classes and/or evening activities. Decision to cancel will be made by 3:00 pm*

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### **Reservations Requested**

*Please call Janet at (402) 345-5220, ext 14 or send an email to [jmiller@olliewebbinc.org](mailto:jmiller@olliewebbinc.org) if you plan to attend.*

Date: **Tuesday, October 11, 2011**

Time: **6:15—8:30 pm**

Location: St. Timothy's Lutheran Church  
510 North 93rd Street  
(Corner of 93rd & W. Dodge Road)

Presenter: **Sharon Orduña**  
Outreach Coordinator, PTI—Nebraska

**This presentation is for all parents raising children with special needs.**



Sharon Orduña joined Parent Training and Information (PTI) Nebraska as an Outreach Coordinator in January 2009. Sharon is committed to helping parents achieve an individualized and appropriate education for their children. Sharon and her husband, Paul, have a 16 year old daughter who has Autism Spectrum Disorder (ASD). Before joining PTI, Sharon spent 12 years in the US Air Force Reserves and several years as a volunteer in parent support to families who had children diagnosed with ASD.