

SENSORY FRIENDLY MOVIES

A priority for the Autism Society of Nebraska is to advocate and help our families get out and experience life. Autism brings many challenges and one of the most overwhelming for the family is isolation. We are helping create sensory friendly movies in an attempt to help our families experience one of the most simple pleasures in life—going to a movie!

Our organization is looking to work with local theaters to help create a safe and accepting environment for families. These special show times are designed to serve families with special needs such as autism but they also serve any family who may not feel comfortable attending a regular showing.

It is estimated that 1.5 million Americans are living with an autism spectrum disorder. With your help and a few basic accommodations, we can help these families experience what the rest of us take for granted— A FAMILY TRIP TO THE MOVIES!



HOW IT WORKS

- The lights are turned up a few notches
- The sounds are turned down a bit
- Patrons are allowed to get up and move around if necessary.
- A silence policy is not enforced.
- The movie starts promptly at the scheduled start time with no previews.
- Families with special dietary needs are allowed to bring in their own dietary foods.
- **YOUR THEATER GAINS A GROUP OF LOYAL PATRONS!**

We tried taking our son to the movies but the dark theater scared him. Then once we coaxed him into the theater the booming sound pretty much ended it. We couldn't stay because he was so anxious in the new environment and frankly we were disturbing the other patrons.

We were nervous when the Autism Society started their Sensory Friendly Movies in Omaha because of our previous experiences but it has been wonderful for our family. We rarely miss a sensory friendly showing!

— Shawn Neff (a parent)

Please contact us about starting a sensory friendly showtime in your community:

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 Lincoln, NE 68501-3559

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