

Mommy and Me Yoga

Presented by:

STONES WORTH STEPPING, P.C.
PEDIATRIC OCCUPATIONAL THERAPY

This is an opportunity for you and your child to engage in yoga in a social and therapeutic setting. We will be addressing coordination, strength, body awareness, and motor planning. Only one child per parent, please. Please sign up at the front desk or contact Emily Worth at 391-2001. Limited spots available.

DATE/TIME

Next to Hy-Vee on 90th
and Center

Saturday February 26th

9:30am-10:15am OR
10:30am-11:15am



Payment Information:

Please contact Stones Worth Stepping office to discuss possible filing to insurance companies. Individual companies may vary in coverage.

Out of Pocket Fee: \$35.00 per session

For more information please contact:
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