



Support Group for Siblings of Children with Autism



Siblings of children with autism have unique needs. The Support Group for Siblings of Children with Autism may increase siblings' understanding of their brother or sister's disability and help them feel more positive about themselves and their role with their sibling.

- Sponsored by Autism Action Partners—**no cost for participation!!!**
- Meet weekly for four weeks
- Age groupings (younger elementary, upper elementary, middle school, high school)

Goals include

- Increase knowledge and understanding of autism
- Share feelings in an accepting atmosphere
- Learn improved coping strategies
- Enhance self-concept

Exercises, games, group discussions, and activities will be used to provide a better understanding of autism and to foster exploration of the feelings and attitudes associated with living with a brother or sister with autism.

Register

You can register your child for one of the following sessions by filling out the online registration on the Munroe-Meyer Institute website at www.unmc.edu/mmi

Session A: **February 2, 9, 16 & 23** (younger & upper elementary) 4:30-5:30 pm

Session B: **March 9, 16, 23 & 30** (middle & high-school age) 5:30-6:30 pm

****Sessions A & B will be held at the South Omaha Library (2808 Q Street)****

Session C: **April 6, 13, 20, & 27** (younger & upper elementary) 4:30-5:30 pm

Session D: **May 4, 11, 18, & 25** (middle & high-school age) 5:30-6:30 pm

****Sessions C & D will be held at the Millard Library (13214 Westwood Lane)****

Session E: **June 1, 8, 15, & 22** (younger & upper elementary) 4:30-5:30 pm

****Session E will be held at Munroe-Meyer Institute (44th and Dewey Ave)****

If you have any questions, please contact Tina Sedersten at (402) 559-5732 or Tsedersten@unmc.edu