

Kristin Selby Gonzalez

# A Mother on the Front Lines Of Autism



**Kristin Selby Gonzalez believes in paying it forward, and that's just what she is doing this year: She is on a mission to empower mothers just like her in the autism community.**

Part of a year-long Autism Grass Roots Tour, Kristin has taken to the road, talking with others about autism and hope.

Kristin Selby Gonzalez is on the front lines of autism fighting for the recovery of her young son Jaxson, who was diagnosed nearly five years ago. A mother who does not take no for an answer, Kristin was determined to help her little boy.

Ms. Gonzalez refinanced her home and went back to school in order to become her son's teacher and therapist. Her persistence has paid off. Today she is trained and certified in a variety of dietary interventions and sensory techniques for autism and her son has made great progress.

Selby Gonzalez is currently the Director of Autism Education for Enzymedica, a Port Charlotte, Florida enzyme supplement company.

Her mission is to educate parents so that they, too, can learn how to help their own children.

"The most important thing to realize is that there is help, and there is hope. If someone tells you that it's hopeless, it's important to understand that sometimes they don't know all the answers."

Declares Gonzalez, "I've watched my own son evolve from a withdrawn and silent child, to an interactive and talkative young boy. I want other mothers to see what's possible. Jaxson may not be fully recovered, but he is completely transformed."

Selby Gonzalez continues to break down doors where others have thought impossible. Having emerged as a top leader and expert in the autism community, Kristin was recently profiled by "Autism File" a leading publication in the field of autism spectrum disorders.

Ms. Gonzalez is co-speaking with Raun K. Kaufman, CEO of the Autism Treatment Center of America™, as part of the 2009 Autism Grass Roots Tour.

Their lecture is entitled, "Autism: Recovery Is Possible – Two Hours that will Change your Child's Life - The Autism Hope Action Plan." The presentation outlines 10 steps for parents to investigate so that they know their options in the face of diagnosis.

Ms. Gonzalez knows how parents feel because she is on the front lines of autism with them. Just two and a half years old at the time of his diagnosis, Kristin's son Jaxson had no language, eye contact or any social skills.

*"I decided to believe in my son."*

Four and a half years later, Jaxson is 7 years old and completely transformed. He is talking in sentences, singing, and is even learning to read.

Selby Gonzalez often points out that progress for one child provides hope for all of our children. And while her son is not yet fully recovered, she believes that the sky is the limit.

Say Selby Gonzalez, "Recovery is not just a thought anymore for our children, it is a reality."

For media inquiries please contact:

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# Biography

Photo Credit: Photography by Myra Vides



## Kristin Selby Gonzalez Director of Autism Education for Enzymedica

A leading spokesperson for the autism community, Kristin is also the mother of a seven year old boy with autism. Kristin has been working with her son for over four years and has seen him progress from very withdrawn with no language, to a playful and interactive boy who now speaks in five-word sentences.

Ms. Gonzalez possesses an extraordinary body of knowledge and experience with both educational and biomedical interventions for autism, including enzyme therapy, dietary intervention, sensory integration, and play therapy.

Kristin has been profiled on American television and radio programs including Fox News in Seattle, Portland, Denver and Des Moines.

Ms. Gonzalez has spoken to mothers and fathers across America and will continue to do so as a headline speaker on the 2009 Autism Grass Roots Tour. The Tour presents "Autism: Recovery Is Possible - Two Hours that will Change your Child's Life - The Autism Hope Action Plan," and outlines 10 steps for parents to investigate so that they know their options in the face of diagnosis.

Passionate about helping all children on the autism spectrum and dedicated to the recovery of her own son, Kristin Selby Gonzalez is an inspiration to mothers everywhere.

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*"Kristin is a passionate educator and leading spokesperson and speaker for the autism community, but above all she is a loving mother and therapist, dedicated to helping her son recover."*

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### Education and Training

- The Son-Rise Program® Course Graduate
- Certified in the Wilbarger Protocol (sensory integration therapy)
- Trained in the Alert Program (sensory integration therapy)
- Bone Conduction Provider for The Listening Program® (auditory integration therapy)
- Certified as a Body Ecologist - The Body Ecology Diet
- Trained with HANDLE® - Holistic Approach to Neuro Development and Learning Efficiency
- Dietary Modification Experience: The Gluten Free and Casein Free Diet, The Specific Carbohydrate Diet, and the Gut and Psychology Syndrome Diet.
- As Director of Autism Education for Enzymedica, Inc., a Port Charlotte, Florida based enzyme supplement company., she is currently co-speaking on the 2009 Autism Grass Roots Tour sponsored by Enzymedica.

Kristin Selby Gonzalez also works closely with Jaxson's DAN (Defeat Autism Now) doctor.



# Media Appearances

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## Print

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- Autism File
- Des Moines Register. Des Moines, Iowa.
- Kansas City Spectrum - A Guide to Kansas City's Autism Community
- Santa Fe New Mexican. Santa Fe, New Mexico
- Daily Breeze. Los Angeles, California

## Television / Radio

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- Fox News Channel 9. Minneapolis, Minnesota (Eden Prairie).
- Fox News Channel 31. Denver, Colorado.
- ABC affiliate KEZI 9. Eugene, Oregon.
- KOIN Local 6 News. Portland, Oregon.
- Fox 4 News. Fort Myers, Florida.

## Film

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- Kristin Selby Gonzalez is currently directing a video project in association with Enzymedica and the Autism Hope Alliance. This film will provide parents a straightforward 'how-to' manual for managing in the face of their child's diagnosis.
- Ms. Gonzalez was recently featured in Autism File's print campaign, 'California Mothers', which included mothers like Autism One's Teri Arranga. A film was made to document the shoot.



Photo Credit: Photography by Myra Vides

- Kristin is featured in Autism File's World Autism Day production, "Autism Mothers Worldwide 2009."